

The Ellison Nursing Group, LLC.

Care, Comfort, Compassion

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Competency Exam

1. What is the term for a device used to take place of a missing body part?
 - a. Pronation
 - b. Abduction
 - c. External rotation
 - ☒ d. Prosthesis
2. When a client has a left-sided weakness, what part of the sweater is put on first?
 - a. Both sleeves
 - ☒ b. Left sleeve
 - c. Client's choice
 - d. Right sleeve
3. It is appropriate for a nurse aide to share information regarding a client's status with:
 - a. Anyone the nurse aide sees fit
 - b. The clients family members
 - c. The clients roommate
 - ☒ d. The staff on the next shift
4. When helping a client who is recovering from a stroke to walk, the nurse aide should assist:
 - a. On the client's strong side
 - ☒ b. On the clients weak side
 - c. From behind the client
 - d. With a wheelchair
5. The nurse aide is caring for a client who is agitated. The nurse aid should:
 - a. Speak loudly so the client can hear the instructions
 - b. Ask to be reassigned the care of this client
 - ☒ c. Talk in a slow, calm, reassuring manner
 - d. Tell the client to be quiet
6. The purpose for padding side rails on the client's bed is to:
 - a. Use them as restraints
 - b. Have a place to connect the call signal
 - ☒ c. Protect the client from injury
 - d. Keep the client warm
7. Exercises that move each muscle and joint are called?
 - a. Adduction
 - ☒ b. Range of motion
 - c. Abduction
 - d. Rotation
8. How can the nurse aide BEST help a client who is not accepting a loss?
 - a. Leave the client alone
 - b. Convince the client to accept the loss
 - ☒ c. Encourage the client to talk
 - d. Discourage individual activity

9. The Heimlich maneuver (abdominal thrust) is used for a client who has:
- a. A bloody nose
 - ☒ b. A blocked airway
 - c. Fallen out of bed
 - d. Impaired eyes sight
10. To BEST communicate with a client who is totally deaf, the nurse aide should:
- a. Smile frequently and speak loudly
 - b. Smile often and talk rapidly
 - c. Avoid eye contact
 - ☒ d. Write out the information
11. The nurse aide is asked by a confused client what day it is. The nurse aide should:
- a. Explain that memory loss is natural and the date isn't important
 - b. Ignore the request
 - ☒ c. Point to the date on the calendar and say the date
 - d. Provide the date and then test the client later
12. To avoid pulling the catheter when turning a male client, the catheter tube must be taped to:
- a. Bed sheet
 - ☒ b. Upper thigh
 - c. Bed frame
 - d. Hip
13. A nurse aide can assist clients with their spiritual needs by:
- a. Taking the clients to the nurse aide's church
 - ☒ b. Allowing clients to talk about their beliefs
 - c. Avoiding any religious discussion
 - d. Talking about the nurse aide's own spiritual beliefs
14. The nurse aide must wear gloves when:
- a. Feeding a client
 - ☒ b. Doing peri-care
 - c. Giving a back rub
 - d. Doing range of motion
15. When getting ready to dress a client, the nurse aide should:
- a. Get the first clothes taken out of the closet
 - ☒ b. Give the client the choice of what to wear
 - c. Use the clothes the client wore the day before
 - d. Choose the clothes the nurse aide personally likes
16. If the nurse aide discovers a fire in a clients room, the FIRST thing to do is:
- a. Call the charge nurse
 - b. Try to put out the fire
 - c. Open a window
 - ☒ d. Remove the client
17. In order to communicate clearly with a client who has hearing loss, the nurse aide should:
- a. Speak in a high pitched tone of voice
 - b. Stand behind the client when speaking
 - c. Speak in a loud slow matter
 - ☒ d. Look directly at the client when speaking
18. Which of the following stages of dying is usually the final stage?
- a. Anger
 - ☒ b. Acceptance
 - c. Bargaining
 - d. Depression

19. If a client says "God is punishing me" or "Why me?" How should the nurse aide respond?
- a. Reply, "God doesn't punish people."
 - ☒ b. Listen quietly
 - c. Ignore the client
 - d. Make jokes
20. The role of the Ombudsman is to?
- a. Run a group of nursing homes
 - ☒ b. Work with the nursing home to protect client's rights
 - c. Control the nursing home budget
 - d. Prepare classes that nurses aides take to learn about client hygiene

Name: _____